



DOUGLAS COUNTY COVID-19 RESPONSE TEAM

Our local COVID-19 updates represent the coordinated effort of the agencies that make up the DCCRT

JOINT INFORMATION CENTER PRESS RELEASE - FOR IMMEDIATE RELEASE – November 13, 2020 DOUGLAS COUNTY COVID-19 RESPONSE TEAM - DAILY UPDATE

(Douglas County, Ore.) On this Friday the 13th of November, we have once again sadly broke more local COVID case records with the most daily cases reported of 30, the highest weekly case numbers at 136, with one more day still to go this week, and the highest number of hospitalized COVID-19 patients at 17. We cannot stress enough the importance of staying healthy and doing everything YOU can to prevent the spread of this virus. Please keep your distance from others (6 feet or more); wash and sanitize your hands often; use and encourage the use of face coverings; cover your coughs and sneezes; clean and disinfect frequently used surfaces; and please, please stay home from work, school and ALL activities if you are sick. Please think about your actions, your activities, your gatherings, your visits and make sure they are COVID safe for everyone involved.

Douglas County COVID-19 Test Results: As of 12:00 pm today, Friday, November 13, 2020, there are **TWENTY-NINE (29)** people with new positive test results, **ONE** presumptive that has been moved to a positive with a positive test result and **ONE** new presumptive since our noon case update yesterday*. The total number of cases (people with positive test results and presumptive) in Douglas County is now at **593***. Currently, there are **SEVENTEEN (17)** Douglas County COVID-19 patients that are being hospitalized locally. Our Douglas County COVID-19 Response Team, under the direction of the Douglas County Board of Commissioners, Dr. Bob Dannenhoffer, our Public Health Officer and Douglas Public Health Network continue to dedicate all resources available to our local COVID efforts.

Douglas County, OR - COVID-19 - Case Update

Date	Monday, November 9, 2020	Tuesday, November 10, 2020	Wednesday, November 11, 2020	Thursday, November 12, 2020	Today, Friday, November 13, 2020
Total COVID-19 Cases	497	517	545	563	593
<i>People with Positive PCR or Antigen Test Results</i>	439	459	486	502	533
<i>Presumptive</i>	58	58	59	60	60
Total Currently Hospitalized	7	7	12	11	17
Total Currently in Isolation	124	127	148	152	157
Total COVID-19 Related Deaths	10	10	10	10	10
Total Negative Test Results	16,633	16,709	16,809	16,929	17,112

*Our daily update includes the total number of cases in Douglas County, which combines people with positive test results and presumptives. We provide a breakout of the people with positive test results and presumptives in the chart above. Please note there will be times when a presumptive will move to a positive test result, and our total case number will not change because the case has already been counted, instead you will see an adjustment to our breakout numbers for positive test results and presumptives.

PLEASE STAY HOME FROM ALL ACTIVITIES IF YOU ARE SICK, FEELING EVEN A LITTLE SICK OR NOT FULLY RECOVERED FROM BEING SICK!

Dr. Bob Dannenhoffer, Douglas County Public Health Official would like to remind residents about the importance of staying home when you are sick to help protect others from getting sick. This means not only staying home from work and school, but also staying home from all other activities and social events. Please, if you are sick, even if you just have a runny nose or stuffy head, do not attend birthday parties, weddings, poker nights, prayer groups, church or go work out at the gym and expose others to your illness.

We Need Your Help! You Are the Key to Controlling the Spread of COVID!

It is no secret that the key to stopping the continued spread of the coronavirus is, YOU, our residents, our families, our communities and our businesses. Yes, prevention is the best medicine, and not just to help stop the spread of COVID, but for your overall health and wellbeing as well. If each and every individual in our county would make a real concerted effort to implement prevention measures into their daily routine, we could see a huge decrease in our COVID case numbers. That means we need each and everyone one of our residents to take steps to minimize the spread of germs and contagions. They



can do this by choosing to maintain healthier eating habits; incorporate exercise and cleaning routines; being cautious and keeping distance from others; making modifications to how you socialize with others; choosing no contact deliveries and services; and staying home if you are sick. The suggestions we make and the guidelines presented by public health are not just for your health and safety, but for the health and safety of everyone, including our kids, our grandparents, our coworkers, our first responders, our teachers and our businesses. We know we sound like a broken record, but our primary focus is to do everything we can to protect the health, safety and wellbeing of our residents.

We Continue to Encourage You to Help Stop the Spread of COVID and Stay Healthy

- *Make a habit of washing and sanitizing your hands, regularly. That means washing after you eat, if you touch new surfaces, go to the bathroom, open a door, go to the store, go to the post office or after a meeting. Also try and avoid touching your face as much as possible.*
- *Please wear a mask where recommended. Not just for your protection, but for the protection of others.*
- *Stay at least six feet apart from anyone that is not from your immediate household. This means paying attention to the distance stickers at the store, the bank, at restaurants and at businesses. Please be respectful, kind and polite, by giving people ample space.*
- *Stay home from work, school and play if you are sick. This includes not running errands or going shopping or inviting visitors to your home. If you need help, reach out to friends, family or utilize an app or businesses that offer no contact deliveries or services.*
- *Minimize travel, especially out of the state and limit visitors to your home.*
- *Minimize attending social gatherings or going places where there are large groups of people.*

We are now passed five hundred and ninety mark with COVID-19 cases in Douglas County, with 30 new total positive and presumptive cases today. The DCCRT team, under the direction of the Douglas County Board of Commissioners, along with Dr. Dannenhoffer and Douglas Public Health Network encourage residents to make prevention measures a part of their everyday routines. The [Centers for Disease Control and Prevention](#) (CDC) recommend six daily habits that can help you avoid sickness and prevent the spread of viruses to others too.

Local Cases Being Supported in Isolation and Quarantine

Currently, DPHN is supporting 157 cases in isolation, as well as another 473 contacts in quarantine in Douglas County. Isolation is recommended for confirmed and presumptive cases, quarantine is recommended for contacts of confirmed or presumptive cases. Currently, staff is supporting an astonishing 630 total contacts in isolation or quarantine. This number represents a snapshot of the significant amount of work being done by our county and our public health to help control the spread of COVID-19. A number of you have asked what it means to isolate or self-quarantine. Check out the informational flyers that DPHN created to help our residents and health providers share and provide the most current information about quarantine and isolation during COVID-19.

<h3>What does Self-Quarantine mean?</h3> <p>Self-quarantine is recommended for close contacts of a known COVID-19 case, after recent travel to a place with a lot of COVID-19 infections, or in preparation for travel to visit vulnerable populations such as elderly family members.</p>	<h3>What does Isolation mean?</h3> <p>A confirmatory test for COVID-19 triggers the need to isolate to reduce transmission to others.</p>
<p>If your doctor or someone from DPHN tells you that you need to SELF-QUARANTINE, this is what you should do:</p>	<p>If your doctor or someone from DPHN tells you that you need to ISOLATE, this is what you should do:</p>
<div data-bbox="68 1518 454 1639"> <p>Stay home. Except to get medical care. Call your doctor or hospital ahead of time so they can prepare for your arrival.</p> </div> <div data-bbox="68 1639 454 1760"> <p>Check your temperature. And your oxygen levels if you have a pulse oximeter at least twice a day.</p> </div> <div data-bbox="68 1760 454 1921"> <p>Watch for other symptoms. Aside from fever, COVID-19 symptoms include cough, difficulty breathing, headache, runny nose, diarrhea, nausea, loss of smell or taste, muscle aches, and/or fatigue.</p> </div> <div data-bbox="68 1921 454 2056"> <p>Wear a face covering. When you are around others, like household members, or when you enter a healthcare provider's office.</p> </div> <div data-bbox="68 2056 454 2177"> <p>Wash your hands. Practice good hand hygiene by washing your hands with soap and water or using alcohol-based hand sanitizer.</p> </div> <div data-bbox="454 1518 812 1680"> <p>Stay in a specific room. If you're sick or suspect yourself to be sick, it's best to stay in a designated room or area away from others. If possible, have a designated toilet and bathroom as well.</p> </div> <div data-bbox="454 1680 812 1841"> <p>Get tested. If you have symptoms and its been 7 days or more since exposure. A negative test does not end your quarantine. If you need a safe to return to work letter contact DPHN.</p> </div> <div data-bbox="454 1841 812 2150"> <p>When is it okay to end self-quarantine?</p> <ul style="list-style-type: none"> • 14 days have passed since your most recent exposure; AND • You've had no development of respiratory illness symptoms (cough, shortness of breath, fever, sore throat, and fatigue). </div>	<div data-bbox="812 1518 1201 1680"> <p>Stay home. For as long as your doctor or health department advises, unless you have a health emergency — then call ahead before you go to the doctor or hospital.</p> </div> <div data-bbox="812 1680 1201 1787"> <p>No visitors. Don't have anyone visit you at home while you are in isolation.</p> </div> <div data-bbox="812 1787 1201 1921"> <p>Wash your hands often. With soap and water for 20 seconds each time you wash them.</p> </div> <div data-bbox="812 1921 1201 2029"> <p>No sharing. Don't share towels, silverware, cups, bowls, or plates with anyone else in your home.</p> </div> <div data-bbox="812 2029 1201 2244"> <p>Stay in a separate part of your home or at least 6 feet away. It's best to stay in a designated room or area away from others while you are sick. If possible, have a designated toilet and bathroom as well.</p> </div> <div data-bbox="1201 1518 1578 1653"> <p>Check your temperature. And your oxygen levels if you have a pulse oximeter at least twice a day.</p> </div> <div data-bbox="1201 1653 1578 1760"> <p>Wear a face covering. When you are around others, like household members, or when you enter a healthcare provider's office.</p> </div> <div data-bbox="1201 1760 1578 2083"> <p>When is it okay to end isolation?</p> <ul style="list-style-type: none"> • If you test positive, please isolate immediately and notify your close contacts to quarantine for 14 days since they last saw you. If you have questions, contact the DPHN hotline. </div>
<p>Learn more at douglaspublichealthnetwork.org or call (541) 464-6550</p>	<p>Learn more at douglaspublichealthnetwork.org or call (541) 464-6550</p>

UPDATED: OHA Reporting and Definition for Recovered

As per the [Oregon Health Authority COVID-19 Investigative Guidelines](#), the number of recovered cases is no longer being assessed or reported by OHA. Up until May 1st, 2020 recovery from COVID-19 was defined as being afebrile (not feverish), without the use of antipyretics (medicine to reduce a fever), and having resolution of cough, shortness of breath and diarrhea for at least 72 hours. As more was learned about symptoms, recovery and contagious period, the definition of

recovered changed. Beginning May 1st, OHA stopped reporting recovered cases while also separating recovery from contagious or isolation period. Many cases were no longer contagious, as they were outside of the contagious period, but still having lingering symptoms. To be consistent with OHA and to adapt as we learn more about this new virus, we removed the column in our chart listing recovered cases. At that point, we added the number of those in isolation, roughly indicating active or infectious cases of COVID-19 in Douglas County.

Getting Tested & Testing Clinics

The next drive-through testing clinic was Today, Friday, November 13, 2020, in Roseburg. As a reminder, if you are having symptoms of COVID-19 including cough, fever, shortness of breath, muscle aches and pains, diarrhea, sore throat or decreased sense of smell and taste, talk to your health care provider about being tested for COVID-19. Patients without a Primary Care Provider, that are looking for a COVID-19 test should contact the Sutherlin Aviva Health Clinic at (541) 459-3788. The first drive-through testing site was piloted in the county on March 17, 2020, there have been 1828 people tested in 89 drive-through clinics, while additional testing continues in hospitals, urgent cares and clinics. The drive-through clinics are led by DPHN, in conjunction with partner agencies including; Douglas County COVID-19 Response Team, Douglas County Board of Commissioners, Douglas County Sheriff's Office, Douglas County Public Works, local volunteers and local health professionals.

Oregon COVID-19 Case Update

Oregon Health Authority (OHA) reports new cases once a day on their website at www.healthoregon.org/coronavirus. OHA also releases a daily situation status report and a weekly report that details the overall picture of the COVID-19 outbreak within our state. The daily report details positive and presumptive cases, as well as deaths by county and statewide, while the weekly report is more in depth and includes statistical data related the severity of cases by age, gender, zip codes, ethnicity, as well as information on workplace and senior care facility outbreaks in Oregon. Find additional information on the state or Federal COVID-19 response go to [Oregon Health Authority](#), [Centers for Disease Control](#), and [211Info](#).

Oregon COVID-19 Presumptive

OHA expanded their reporting for COVID-19 case management to now include presumptive COVID-19 cases in their total case number. DPHN is reporting the number of people with new positive test results and any new presumptives and uses the OHA's definition of presumptive as having had close contact with a known, confirmed COVID-19 case, showing symptoms and not yet having a positive nasal swab/PCR or antigen test for COVID-19. Testing continues, as DPHN has been holding 2-3 clinics a week and hospitals, urgent cares and clinics continue to test. DPHN continues their epidemiologic investigations, identifying individuals who may have had close contact with individuals that have tested positive for COVID-19, advising and supporting quarantine and isolation.

Facebook Live with Dr. Bob

Please join us **Tonight, Friday, November 13, 2020 at 4:00 pm** for the next Facebook Live event with Dr. Bob, hosted by DPHN on the [DPHN Facebook page](#). Dr. Bob Dannenhoffer, our Douglas County Public Health Officer will continue their normal schedule of Facebook "Live Q&A Updates" next week with both his Tuesday night at 6:00 pm and Friday night at 4:00 pm on the DPHN Facebook page. Residents are still able to submit their COVID-19 questions to Dr. Bob during the live shows, but you can also email your questions to: Facebookquestions@douglaspublichealthnetwork.org. Dr. Bob and the DPHN team will do their best to respond to as many questions as they can during their weekly updates.

LOCAL COVID-19 INFORMATION

Stay Informed with Accurate Local Information

Stay up to date on COVID-19 in Douglas County on the [Douglas County Government website](#) or the [DPHN website](#). Your Douglas

County Board of Commissioners, Douglas County Public Health Officer, Dr. Robert Dannenhoffer, DPHN and the Douglas County COVID-19 Response Team (DCCRT) have been working hard to cooperatively provide accurate and timely information to Douglas County residents since March 8, 2020. Our local COVID-19 updates represent the coordinated effort of the agencies that make up the DCCRT.

Douglas County Resource/COVID-19 Hotline: (541) 464-6550:

Douglas County Commissioners and Douglas Public Health Network have added a resource and referral service to the current COVID-19 hotline for Douglas County residents. The added service will help residents get connected to resources and services due to the local wildfires. Referral and resource information will be available about local emergency shelters, livestock and animal boarding options, donation locations, volunteer opportunities, welfare check referrals, food and water resources and help with health and wellness questions. This is **NOT** the hotline for Fire Updates or Evacuation information. Please contact or follow DFPA and DCSO for the most up-to-date wildfire information. **The Resource/COVID-19 Hotline is (541) 464-6550. It is staffed from 8:00 am to 5:00 pm, 7 days a week until further notice.**

Questions about Governor's Reopening or Statewide Rules? If you have questions or need more information go to the Governor's COVID-19 website at <https://govstatus.egov.com/or-covid-19/> or call the Business Oregon's Navigator Hotline at (833) 604-0880. For information on COVID-19 in Oregon, call 211 or visit [211info](#)

Who Do You Contact to Report Compliance Issues with the Governor's Statewide Rules? Please do not call 911, Douglas County Sheriff's Office or Douglas County Offices to report compliance issues with the Governor's orders. The Governor has directed the State offices for Oregon Occupational Safety and Health (OSHA) and the Oregon Liquor Control Commission (OLCC) to be the enforcement agencies responsible for ensuring restaurants, bars, and other businesses comply with COVID-related rules. **For more information or to report compliance issues contact:**
OSHA: (800) 922-2689 or [OSHA website](#) or [OLCC](#) (503) 872-5000 or [OLCC website](#)

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Contact [Tamara Howell](#), Public Information Officer, Douglas County COVID-19 Response Team, (541) 670-2804 cell/(541) 957-4896 tjhowell@co.douglas.or.us
Contact [Vanessa Becker](#), Public Information Officer, Douglas Public Health Network, (541) 817-6552 cell (541) 440-3571 vanessa@douglaspublichealthnetwork.org