



COVID-19 RESPONSE TEAM

Our local COVID-19 updates represent the coordinated effort of the agencies that make up the DCCRT

JOINT INFORMATION CENTER PRESS RELEASE - FOR IMMEDIATE RELEASE – November 11, 2020 DOUGLAS COUNTY COVID-19 RESPONSE TEAM - DAILY UPDATE



(Douglas County, Ore.) Today, we honor our Veterans and the sacrifices these brave men and women have given in support of our country and our freedom. Thank you Veterans for your Service. Please take a moment today to thank a Veteran for their service.

We are reporting another double digit increase in cases today with 28 new positive and presumptive cases. It takes just one person attending a social event while they are sick to start an outbreak of 10-20 cases, that then requires 50-100 people or more having to stay home in isolation and quarantine. It takes one student going to school when they are sick to infect or cause 40+ people to miss school, work or activities for two weeks. Please think about your actions and

activities and make sure they are safe for everyone involved.

We have put together a list of the top 10 reasons why our case number are soaring in Douglas County to help our residents understand that it is their actions that are causing this increase.

Our new cases are due to a large number of people attending social events and not following COVID-19 guidelines for social distancing and wearing of face coverings while in close contact with others. These events include crowding in small rooms or in small areas to attend birthday parties, Halloween celebrations, weddings, baby showers, dinner parties, poker games, in-person meetings and other social gatherings. You may think it's just a small gathering, but if one person attends the event and is sick, then they can infect the entire group. Attendees from of that event take it home to their families, and it then pass it onto their co-workers, classmates, customers and our community. This triggers an exponential explosion in cases that leads to numerous outbreaks and new positive cases. Again, we ask our residents to step up and help us to control the spread of COVID-19 by choosing to not attend these events AND delaying in-person parties, events and meetings until a later date AND opting for a safe virtual event instead. And, please, stay home if you are sick.

Douglas County COVID-19 Test Results: As of 12:00 pm today, Wednesday, November 11, 2020, there are TWENTY-SEVEN (27) people with new positive test results and ONE new presumptive since our noon case update yesterday*. The total number of cases (people with positive test results and presumptive) in Douglas County is now at **545***. Currently, there are **TWELVE** Douglas County COVID-19 patients that are being hospitalized locally. Despite the spike in cases, our Douglas County COVID-19 Response Team, under the direction of the Douglas County Board of Commissioners, Dr. Bob Dannenhoffer, our Public Health Officer and Douglas Public Health Network staff continue to focus on COVID prevention, testing and education efforts.



TOP 10 LIST OF REASONS WHY OUR COVID CASE NUMBERS ARE SOARING

- #10 Residents are huddling too close at the bar to watch football games.
- #9 Residents are hosting poker games where players are sitting very close to others for long periods of time, while repeatedly passing playing cards and poker chips around.
- #8 Residents are not following COVID guidelines while doing what they consider normal, everyday activities, like going to the grocery store, going out to eat, going to the playground or visiting with friends. They are not practicing social distancing measures or keeping their face masks on.
- #7 Residents are joining large prayer group sessions and not following spacing, occupancy or face covering guidelines.
- #6 Residents are gathering for in-person birthday parties with several guests from outside their household, who are in close contact with each other and serving themselves from the same food and drink buffets.
- #5 Residents are attending large holiday parties at fraternal organizations that include unmasked, close contact activities like dancing, singing, sharing drinks, sharing food and crowding into small spaces.
- #4 Residents are sending their children to school when they are sick.
- #3 Residents are traveling to COVID hot spot locations (areas with large outbreak numbers or cases) and bringing the virus back to our county.
- #2 Residents are not wearing face masks or not wearing them properly in order to protect and show respect for themselves, those they care about and the vulnerable people in our communities.
- #1 And the number one reason why our COVID case numbers are soaring is because residents are going to work when they are sick!



U.S. Department of Veterans Affairs
Veterans Health Administration
Roseburg VA Health Care System



Currently, DPHN is supporting **148 cases** in isolation, as well as another **559 contacts** in quarantine in Douglas County. Isolation is recommended for confirmed and presumptive cases, quarantine is recommended for contacts of confirmed or presumptive cases. Currently, staff is supporting an astonishing **707 total** contacts in isolation or quarantine. This number represents a snapshot of the significant amount of work being done by our county and our public health to help control the spread of COVID-19.

Douglas County, OR - COVID-19 - Case Update					
Date	Saturday, November 7, 2020	Sunday, November 8, 2020	Monday, November 9, 2020	Tuesday, November 10, 2020	Today, Tuesday, November 11, 2020
Total COVID-19 Cases	457	482	497	517	545
People with Positive PCR or Antigen Test Results	404	428	439	459	486
Presumptive	53	54	58	58	59
Total Currently Hospitalized	6	7	7	7	12
Total Currently in Isolation	79	115	124	127	148
Total COVID-19 Related Deaths	10	10	10	10	10
Total Negative Test Results	16,448	16,520	16,633	16,709	16,809

*Our daily update includes the total number of cases in Douglas County, which combines people with positive test results and presumptives. We provide a breakout of the people with positive test results and presumptives in the chart above. Please note there will be times when a presumptive will move to a positive test result, and our total case number will not change because the case has already been counted, instead you will see an adjustment to our breakout numbers for positive test results and presumptives.

PLEASE STAY HOME IF YOU ARE SICK, FEELING EVEN A LITTLE SICK OR NOT FULLY RECOVERED FROM BEING SICK!

Dr. Bob Dannenhoffer, Douglas County Public Health Official would like to remind residents about the importance of staying home when you are sick to help protect others from getting sick. This means not only staying home from work and school, but also staying home from all other activities and social events. Please, if you are sick, even if you just have a runny nose or stuffy head, do not attend birthday parties, weddings, poker nights, prayer groups, church or go work out at the gym and expose others to your illness. What we have discovered with several of our large local outbreaks are people who were sick, and have chosen to still to go to school, work, poker club, shopping and holiday parties. A case in point: A local student was sick and went back to school before she was better. Had she waited a few days, she would have lost 3 or 4 days of school, but her class would not have been impacted. Unfortunately, she went to school and exposed 40 others. Now, those 40 others will need to be quarantined for 2 weeks and will miss a total of 760 days away from activity. In addition, those 40 families will need to take time away from work, school and activities to care for them. So, the economic impact of going back to school or work before you are well is enormous.

**Don't Feel Well?
Stay Home and Keep Others Safe**

Tell your boss, teacher or friend that you are sick and need to stay home from work, school or that birthday party


cough


**shortness of breath
or problems breathing**


chills


sore throat


**loss of taste
or smell**


muscle pain

Other symptoms may include:

fever, runny nose, diarrhea, feeling nauseous or vomiting, feeling tired, headache and lack of appetite.

When sick, please avoid any public contact; always cover your coughs and sneezes; wash your hands often; don't share utensils, towels, sheets or clothing; separate yourself from others in your household and disinfect all surfaces.

We Need Your Help! You Are the Key to Controlling the Spread of COVID!

It is no secret that the key to stopping the continued spread of the coronavirus is, **YOU**, our residents, our families, our communities and our businesses. Yes, prevention is the best medicine, and not just to help stop the spread of COVID, but for your overall health and wellbeing as well. If each and every individual in our county would make a real concerted effort to implement prevention measure into their daily routine, we could see a huge decrease in our COVID case numbers. That means we need each and everyone one of our residents to take steps to minimize the spread of germs and contagions, by choosing every day to maintain healthier eating habits; incorporate exercise and cleaning routines; being cautious and keeping distance from others; making modifications to how you socialize with others; choosing no contact deliveries and services; and staying home if you are sick. The suggestions we make and the guidelines presented by public health are not just for your health and safety, but for the health and safety of everyone, including our kids, our grandparents, our coworkers, our first responders, our teachers and our businesses. We know we sound like a broken record, but our primary focus is to do everything we can to protect the health, safety and wellbeing of our residents.

We Encourage You to Help Stop the Spread and Stay Healthy

- *Make a habit of washing and sanitizing your hands, regularly. That means washing after you eat, if you touch new surfaces, go to the bathroom, open a door, go to the store, go to the post office or after a meeting. Also try and avoid touching your face as much as possible.*
- *Please wear a mask where recommended. Not just for your protection, but for the protection of others.*
- *Stay at least six feet apart from anyone that is not from your immediate household. This means paying attention to the distance stickers at the store, the bank, at restaurants and at businesses. Please be respectful, kind and polite, by giving people ample space.*

- *Stay home from work, school and play if you are sick. This includes not running errands or going shopping or inviting visitors to your home. If you need help, reach out to friends, family or utilize an app or businesses that offer no contact deliveries or services.*
- *Minimize travel, especially out of the state and limit visitors to your home.*
- *Minimize attending social gatherings or going places where there are large groups of people.*

We are now passed five hundred and forty mark with COVID-19 cases in Douglas County, with 28 new total positive and presumptive cases today. This trend of has become increasingly concerning for all of us. An ounce of prevention really is worth a pound of cure — and that’s never been more true than right now. But, just like the old adage, the recommendations from public health for preventing the spread of diseases, viruses and illnesses are not new notions, but rather age old advice based on decades of scientific research. From a young age we are taught to wash our hands, cover our coughs, clean and disinfect and stay home if we are sick. This sage advice continues to be the basis for good hygiene and virus prevention practices today. The DCCRT team, under the direction of the Douglas County Board of Commissioners, along with Dr. Dannenhoffer and Douglas Public Health Network encourage residents to make prevention measures a part of their everyday routines. The [Centers for Disease Control and Prevention](#) (CDC) recommend six daily habits that can help you avoid sickness and prevent the spread of viruses to others too.

UPDATED: OHA Reporting and Definition for Recovered

As per the [Oregon Health Authority COVID-19 Investigative Guidelines](#), the number of recovered cases is no longer being assessed or reported by OHA. Up until May 1st, 2020 recovery from COVID-19 was defined as being afebrile (not feverish), without the use of antipyretics (medicine to reduce a fever), and having resolution of cough, shortness of breath and diarrhea for at least 72 hours. As more was learned about symptoms, recovery and contagious period, the definition of recovered changed. Beginning May 1st, OHA stopped reporting recovered cases while also separating recovery from contagious or isolation period. Many cases were no longer contagious, as they were outside of the contagious period, but still having lingering symptoms. To be consistent with OHA and to adapt as we learn more about this new virus, we removed the column in our chart listing recovered cases. At that point, we added the number of those in isolation, roughly indicating active or infectious cases of COVID-19 in Douglas County.

Getting Tested & Testing Clinics

The next drive-through testing clinic will be Friday, November 13, 2020, in Roseburg. As a reminder, if you are having symptoms of COVID-19 including cough, fever, shortness of breath, muscle aches and pains, diarrhea, sore throat or decreased sense of smell and taste, talk to your health care provider about being tested for COVID-19. Patients without a Primary Care Provider, that are looking for a COVID-19 test should contact the Sutherlin Aviva Health Clinic at (541) 459-3788. The first drive-through testing site was piloted in the county on March 17, 2020, there have been 1747 people tested in 87 drive-through clinics, while additional testing continues in hospitals, urgent cares and clinics. The drive-through clinics are led by DPHN, in conjunction with partner agencies including; Douglas County COVID-19 Response Team, Douglas County Board of Commissioners, Douglas County Sheriff’s Office, Douglas County Public Works, local volunteers and local health professionals.

Oregon COVID-19 Case Update

Oregon Health Authority (OHA) reports new cases once a day on their website at www.healthoregon.org/coronavirus. OHA also releases a daily situation status report and a weekly report that details the overall picture of the COVID-19 outbreak within our state. The daily report details positive and presumptive cases, as well as deaths by county and statewide, while the weekly report is more in depth and includes statistical data related the severity of cases by age, gender, zip codes, ethnicity, as well as information on workplace and senior care facility outbreaks in Oregon. Find additional information on the state or Federal COVID-19 response go to [Oregon Health Authority](#), [Centers for Disease Control](#), and [211Info](#).

Oregon COVID-19 Presumptive

OHA expanded their reporting for COVID-19 case management to now include presumptive COVID-19 cases in their total case number. DPHN is reporting the number of people with new positive test results and any new presumptives and uses the OHA’s definition of presumptive as having had close contact with a known, confirmed COVID-19 case, showing symptoms and not yet having a positive nasal swab/PCR or antigen test for COVID-19. Testing continues, as DPHN has been holding 2-3 clinics a week and hospitals, urgent cares and clinics continue to test. DPHN continues their epidemiologic investigations, identifying individuals who may have had close contact with individuals that have tested positive for COVID-19, advising and supporting quarantine and isolation.

Travel Caution: Please Limit Travel, Social Gatherings and Visitors

Our recent surge in cases can be attributed to travel and unwitting and unintentional behavior by residents choosing to attend or host social gatherings where COVID-19 guidelines for social distancing, food preparation, hand washing and masks are not being followed. Cases have been linked to travel and social gatherings including: birthday parties, weddings, funerals, prayer groups, play dates, visiting family members and school events. Again, we ask that you take a moment and revisit how you are socializing and please protect yourself, your loved ones and our communities from the spread of this virus. We encourage you to delay travel, consider stay-cations and reschedule visits from out-of-the-area friends and family to a later date. We continue to identify people with positive test results that have chosen to travel out of Oregon to visit relatives or to take vacations. While traveling those individuals and families have come in contact with someone with COVID-19 and brought it back to Douglas County. Other cases and outbreaks were the direct result of someone coming to Douglas County to visit and bringing the virus with them and infecting their host family. Please stay safe and remember to be kind to others. Stopping the increase of COVID-19 cases in our county is really up to YOU, our citizens.

Facebook Live with Dr. Bob

Please join us **Friday, November 13, 2020 at 4:00 pm** for the next Facebook Live event with Dr. Bob. hosted by DPHN on the [DPHN Facebook page](#). Dr. Bob Dannenhoffer, our Douglas County Public Health Officer will continue their normal

schedule of Facebook “Live Q&A Updates” next week with both his Tuesday night at 6:00 pm and Friday night at 4:00 pm on the DPHN Facebook page. Residents are still able to submit their COVID-19 questions to Dr. Bob during the live shows, but you can also email your questions to: Facebookquestions@douglaspublichealthnetwork.org. Dr. Bob and the DPHN team will do their best to respond to as many questions as they can during their weekly updates.

LOCAL COVID-19 INFORMATION

Stay Informed with Accurate Local Information

Stay up to date on COVID-19 in Douglas County on the [Douglas County Government website](#) or the [DPHN website](#). Your Douglas

County Board of Commissioners, Douglas County Public Health Officer, Dr. Robert Dannenhoffer, DPHN and the Douglas County COVID-19 Response Team (DCCRT) have been working hard to cooperatively provide accurate and timely information to Douglas County residents since March 8, 2020. Our local COVID-19 updates represent the coordinated effort of the agencies that make up the DCCRT.

Douglas County Resource/COVID-19 Hotline: (541) 464-6550:

Douglas County Commissioners and Douglas Public Health Network have added a resource and referral service to the current COVID-19 hotline for Douglas County residents. The added service will help residents get connected to resources and services due to the local wildfires. Referral and resource information will be available about local emergency shelters, livestock and animal boarding options, donation locations, volunteer opportunities, welfare check referrals, food and water resources and help with health and wellness questions. This is **NOT** the hotline for Fire Updates or Evacuation information. Please contact or follow DFPA and DCSO for the most up-to-date wildfire information. **The Resource/COVID-19 Hotline is (541) 464-6550. It is staffed from 8:00 am to 5:00 pm, 7 days a week until further notice.**

Questions about Governor’s Reopening or Statewide Rules? If you have questions or need more information go to the Governor’s COVID-19 website at <https://govstatus.egov.com/or-covid-19/> or call the Business Oregon’s Navigator Hotline at (833) 604-0880. For information on COVID-19 in Oregon, call 211 or visit [211info](#)

Who Do You Contact to Report Compliance Issues with the Governor’s Statewide Rules? Please do not call 911, Douglas County Sheriff’s Office or Douglas County Offices to report compliance issues with the Governor’s orders. The Governor has directed the State offices for Oregon Occupational Safety and Health (OSHA) and the Oregon Liquor Control Commission (OLCC) to be the enforcement agencies responsible for ensuring restaurants, bars, and other businesses comply with COVID-related rules. **For more information or to report compliance issues contact:**
OSHA: (800) 922-2689 or [OSHA website](#) or [OLCC](#) (503) 872-5000 or [OLCC website](#)

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Contact [Tamara Howell](#), Public Information Officer, Douglas County COVID-19 Response Team, (541) 670-2804 cell/(541) 957-4896 tjhowell@co.douglas.or.us
Contact [Vanessa Becker](#), Public Information Officer, Douglas Public Health Network, (541) 817-6552 cell (541) 440-3571 vanessa@douglaspublichealthnetwork.org