**Douglas County, OR - COVID-19 - Case Update**

<table>
<thead>
<tr>
<th>Date</th>
<th>Thursday, September 10, 2020</th>
<th>Friday, September 11, 2020</th>
<th>Saturday, September 12, 2020</th>
<th>Sunday, September 13, 2020</th>
<th>Today, Monday, September 14, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total COVID-19 Cases</strong></td>
<td>183</td>
<td>185</td>
<td>188</td>
<td>189</td>
<td>191</td>
</tr>
<tr>
<td><strong>People with Positive PCR or Antigen Test Results</strong></td>
<td>165</td>
<td>165</td>
<td>168</td>
<td>169</td>
<td>171</td>
</tr>
<tr>
<td><strong>Presumptive</strong></td>
<td>18</td>
<td>20</td>
<td>20</td>
<td>20</td>
<td>20</td>
</tr>
<tr>
<td><strong>Total Currently Hospitalized</strong></td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>2</td>
</tr>
<tr>
<td><strong>Total Currently in Isolation</strong></td>
<td>4</td>
<td>2</td>
<td>7</td>
<td>8</td>
<td>10</td>
</tr>
<tr>
<td><strong>Total COVID-19 Related Deaths</strong></td>
<td>3</td>
<td>3</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total Negative Test Results</strong></td>
<td>11,541</td>
<td>11,688</td>
<td>11,777</td>
<td>11,817</td>
<td>11,834</td>
</tr>
</tbody>
</table>

**LOCAL WILDFIRE INFORMATION**

For local Wildfire information, please continue to monitor the Douglas Forest Protective Association’s website at: www.dfpa.net or the #ArchieCreekFire incident command website at: https://inciweb.nwcc.gov/incident/7176/. For evacuation information please continue to monitor the Douglas County Sheriff’s Office website at: www.dcso.com.

**HAZARDOUS AIR POLLUTION ADVISORY**

In other public health news, Douglas County continues to experience hazardous air quality due to the local wildfires. The current Air Quality Index (AQI) is 479 (PM2.5), which is at hazardous levels. Wildfires burning in the region combined with forecast conditions will cause air quality levels to fluctuate and be at unhealthy levels. For additional information, please visit their web site at [http://www.oregon.gov/deq](http://www.oregon.gov/deq). Dr. Bob Dannenhoffer, your Douglas County Public Health Officer, along with your Douglas County Board of Commissioners and Douglas Public Health Network urge everyone to stay indoors in a room or building with filtered air, if outside, wear a mask with a filter or a multi-layer face covering and try to reduce your activity levels. Those are the best ways to reduce the amount of particle pollution you breathe into your lungs. We know that poor air quality can affect your overall health. Air pollution is hazardous at these levels and wildfire smoke creates tiny particles in the air that can cause health concerns. It can cause chest pain, irregular heartbeat, shortness of breath, headaches, sore throat, coughing, runny nose and burning and eye irritation. DPHN put together a graphic [click here to view graphics](https://www.cdc.gov/air/wildfire/smoke/default.htm) that will help residents understand the impact of wildfire smoke, poor air quality and COVID-19.

- Please limit outdoor activities and keep children and those with medical issues indoors if it is smokey.
- Please follow medical advice if you have other medical conditions that could be affected by the smoke.
- Stay hydrated. Drink plenty of water
- Frequently check current air quality conditions in your area. Personal safety is paramount. Stay informed on air quality ratings and more by visiting the Oregon Smoke Blog at [http://oregonsmoke.blogspot.com/](http://oregonsmoke.blogspot.com/).
- Learn how to stay safe from wildfire smoke at [https://www.cdc.gov/air/wildfire-smoke/default.htm](https://www.cdc.gov/air/wildfire-smoke/default.htm).
- Download the [OregonAir](https://www.oregonair.com) phone app to stay up-to-date on the current air quality.
- For more information about Wildfire Smoke and Your Health [click here](https://www.cdc.gov/air/wildfire/smoke/default.htm).

Everyone should take necessary steps to protect themselves and their family’s health by reducing their exposure when particle pollution levels are in this range. [Click here](https://www.airnow.gov) for more information and safety tips from airnow.gov. Please stay safe and stay inside!
*Our daily update includes the total number of cases in Douglas County, which combines people with positive test results and presumptives. We provide a breakout of the people with positive test results and presumptives in the chart above. Please note there will be times when a presumptive will move to a positive test result, and our total case number will not change because the case has already been counted, instead you will see an adjustment to our breakout numbers for positive test results and presumptives.

**OHA Definition for Recovered**

Previously, we used the OHA definition for recovered that considered people recovered if they were 10 days from onset and symptoms were improving. As more is learned about COVID, the clinical definition of recovery is evolving. Due to the evolving nature of this definition, we have removed the column in our chart listing our recovered cases. We added the number of those in isolation that roughly correlates with the number of active cases. The DCCRT noon case and daily update will report the Total Number of COVID-19 Cases, the number of positive test results (as of 12:00 pm that day), the number of presumptive, total currently hospitalized, total currently in isolation, total COVID-19 deaths and total negative test results in Douglas County. **Currently, DPHN is supporting 10 cases in isolation.**

**Getting Tested & Testing Clinics**

**The next drive-through testing clinic is tentatively scheduled for Tuesday, September 15, 2020, in Roseburg.** As a reminder, if you are having symptoms of COVID-19 including cough, fever, shortness of breath, muscle aches and pains, diarrhea, sore throat or decreased sense of smell and taste, talk to your health care provider about being tested for COVID-19. Patients without a Primary Care Provider, that are looking for a COVID-19 test should contact the Sutherlin Aviva Health Clinic at (541) 459-3788. The first drive-through testing site was piloted in the county on March 17, 2020, there have been 1471 people tested in 70 drive-through clinics, while additional testing continues in hospitals, urgent cares and clinics. The drive-through clinics are led by DPHN, in conjunction with partner agencies including; Douglas County COVID-19 Response Team, Douglas County Board of Commissioners, Douglas County Sheriff’s Office, Douglas County Public Works, local volunteers and local health professionals.

**Oregon COVID-19 Case Update**

Oregon Health Authority (OHA) reports new cases once a day on their website at [www.healthoregon.org/coronavirus](http://www.healthoregon.org/coronavirus). OHA also releases a daily situation status report and a weekly report that details the overall picture of the COVID-19 outbreak within our state. The daily report details positive and presumptive cases, as well as deaths by county and statewide, while the weekly report is more in depth and includes statistical data related the severity of cases by age, gender, zip codes, ethnicity, as well as information on workplace and senior care facility outbreaks in Oregon. Find additional information on the state or Federal COVID-19 response go to [Oregon Health Authority, Centers for Disease Control](https://www.oregon.gov/oha) and [211Info](https://211info.org).

**Oregon COVID-19 Case Update**

OHA expanded their reporting for COVID-19 case management to now include presumptive COVID-19 cases in their total case number. DPHN is reporting the number of people with new positive test results and any new presumptives and uses the OHA’s definition of presumptive as having had close contact with a known, confirmed COVID-19 case, showing symptoms and not yet having a positive nasal swab/PCR or antigen test for COVID-19. Testing continues, as DPHN has been holding 2-3 clinics a week and hospitals, urgent cares and clinics continue to test. DPHN continues their epidemiologic investigations, identifying individuals who may have had close contact with individuals that have tested positive for COVID-19, advising and supporting quarantine and isolation.

**Resources for Emotional and Other Support**

Shared from **OHA**. During this incredibly challenging time, as many of us continue to deal with the devastating effects of wildfires, as well as the COVID-19 public health crisis, they wanted to remind you of some valuable resources to help with your mental health and wellbeing during crisis. It is important to take care of the mental you, so if you need support, please know that help is available for you.

- The Oregon Behavioral Health Support Line is a free and confidential resource for all Oregonians who are looking for emotional support. Call 1-800-923-HELP (4357). You do not need to be in mental health crisis to call this line. If you need or want help beyond what the line can provide, you will be connected to those services. This can include community-based services such as housing, food assistance or clinical services. Certified interpreters are also available for those who speak a language other than English. Through this number, you can also connect with Lines for Life ([linesforlife.org](http://linesforlife.org)), a suicide prevention organization with specific resources for youth, military personnel and their families, and those affected by substance abuse problems.

- SAMHSA’s Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters. Call SAMHSA’s Disaster Distress Helpline at 1-800-985-5990 or text TalkWithUs to 66746 to speak to a trained crisis counselor.

- Call 211 or visit [211info.org](https://211info.org) to connect with health and social service organizations. These include child care resources, utility assistance, food resources, housing and shelter information and more.

- OHA also has [contacts for crisis services by county](https://211info.org) on its website. In Douglas County, contact Compass Behavioral Health at (541) 440-3532 or call the Crisis Number at (800) 866-9780.

- To stay informed about wildfires and learn about resources across the state, go to [wildfire.oregon.gov](http://wildfire.oregon.gov).

**Reminder: Limit Travel, Social Gatherings and Visitors**

We will continue to encourage residents to be cautious about traveling or inviting people from outside our county, and instead encourage our residents to delay travel, consider stay-cations and reschedule visits from out-of-the-area friends and family to a later date. We continue to identify people with positive test results that have chosen to travel out of Oregon to visit relatives or to take vacations. While traveling those individuals and families have come in contact with someone with COVID-19 and brought it back to Douglas County. We have expanded our list of states directly related to our cases though travel; they include Alaska, Washington, California, Idaho, Nevada, Arizona, Texas, Louisiana, Florida, Tennessee, Michigan, Ohio, Massachusetts and Wyoming. A few other cases were the result of a family member coming to Douglas County to visit, brought the virus with them and infected their host family. In addition to limiting travel, we are asking that you also limit attending social gatherings, stay home if you are sick, wash your hands, stay six feet apart and wear a mask where recommended. Reversing the increase of COVID-19 cases in our county is really up to YOU, our residents.
Facebook Live with Dr. Bob Dannenhoffer
Join us Tuesday, September 15, 2020 for the next virtual town hall Q&A with Dr. Bob Dannenhoffer, your Douglas County Public Health Officer at 6:00 pm, hosted by DPHN and found on the DPHN Facebook page.

LOCAL COVID-19 INFORMATION
Stay up to date on COVID-19 in Douglas County on the Douglas County Government website or the DPHN website. Your Douglas County Board of Commissioners, Douglas County Public Health Officer, Dr. Robert Dannenhoffer, DPHN and the Douglas County COVID-19 Response Team (DCCRT) have been working hard to cooperatively provide accurate and timely information to Douglas County residents since March 8, 2020. Our local COVID-19 updates represent the coordinated effort of the agencies that make up the DCCRT.

Douglas County Resource Hotline: (541) 464-6550;
Douglas County Commissioners and Douglas Public Health Network have added a resource and referral service to the current COVID-19 hotline for Douglas County residents. The added service will help residents get connected to resources and services due to the local wildfires. Referral and resource information will be available about local emergency shelters, livestock and animal boarding options, donation locations, volunteer opportunities, welfare check referrals, food and water resources and help with health and wellness questions. This is NOT the hotline for Fire Updates or Evacuation information. Please contact or follow DFPA and DCSO for the most up-to-date wildfire information. The Resource/COVID-19 Hotline is (541) 464-6550. It is staffed from 8:00 am to 7:00 pm, 7 days a week until further notice.

Questions about Governor’s Reopening or Statewide Rules? If you have questions or need more information about the Governor’s Phased Reopening Plans, Sector Specific Guidelines or her latest Statewide Orders go to the Governor’s COVID-19 website at https://govstatus.egov.com/or-covid-19/ or call Business Oregon's Navigator Hotline at (833) 604-0880.

Who Do You Contact to Report Compliance Issues with the Governor’s Statewide Rules? Please do not call 911, Douglas County Sheriff’s Office or Douglas County Offices to report compliance issues with the Governor’s orders. The Governor has directed the State of Oregon offices for Oregon Occupational Safety and Health (OSHA) and the Oregon Liquor Control Commission (OLCC) to be the enforcement agencies responsible for ensuring restaurants, bars, and other businesses comply with COVID-related rules.

Click here to read the Governor’s official press release on COVID-19 rules compliance.

Click here for the Governor’s latest statewide rules, effective Friday, July 24, 2020.

For more information or to report compliance issues concerning the Governor’s COVID-19 orders contact: OSHA: (800) 922-2689 or OSHA website or OLCC (503) 872-5000 or OLCC website

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Contact Tamara Howell, Public Information Officer, Douglas County COVID-19 Response Team, (541) 670-2804 cell/(541) 957-4896 thawell@co.douglas.or.us
Contact Vanessa Becker, Public Information Officer, Douglas Public Health Network, (541) 817-6552 cell (541) 440-3571 vanessa@douglaspublichealthnetwork.org