



# DOUGLAS COUNTY COVID-19 RESPONSE TEAM

Our local COVID-19 updates represent the coordinated effort of the agencies that make up the DCCRT

## JOINT INFORMATION CENTER PRESS RELEASE - FOR IMMEDIATE RELEASE – August 15, 2020 DOUGLAS COUNTY COVID-19 RESPONSE TEAM - NOON AND DAILY UPDATE

(Douglas County, Ore.) **Douglas County COVID-19 Test Results: It is Saturday, August 15, 2020, and as of 12:00 pm today, there are NO new positive test results since our noon case update yesterday.** The total number of cases (people with positive test results and presumptive) in Douglas County remains at 160\*. There are two hospitalized COVID patients locally. One patient is from Douglas County, the other hospitalized patient is not a resident of Douglas County, they are from out-of-state and are not reflected in our case numbers, but we wanted to note that they are being hospitalized locally at this time.

Douglas County, OR - COVID-19 - Case Update					
Date	Tuesday, August 11, 2020	Wednesday, August 12, 2020	Thursday, August 13, 2020	Friday, August 14, 2020	Today, Saturday, August 15, 2020
Total COVID-19 Cases	156	159	159	160	160
People with Positive PCR or Antigen Test Results	142	143	143	144	144
Presumptive	14	16	16	16	16
Total Currently Hospitalized	3	2	2	2	2
Total Currently in Isolation	24	28	28	25	24
Total COVID-19 Related Deaths	1	1	1	1	1
Total Negative Test Results	8684	8488	8893	9001	9073

\*Our daily update includes the total number of cases in Douglas County, which combines people with positive test results and presumptives. We provide a breakout of the people with positive test results and presumptives in the chart above. Please note there will be times when a presumptive will move to a positive test result, and our total case number will not change because the case has already been counted, instead you will see an adjustment to our breakout numbers for positive test results and presumptives.

Previously, we used the OHA definition for recovered that considered people recovered if they were 10 days from onset and symptoms were improving. As more is learned about COVID, the clinical definition of recovery is evolving. Due to the evolving nature of this definition, we have removed the column in our chart listing our recovered cases. We added the number of those in isolation that roughly correlates with the number of active cases. The DCCRT noon case and daily update will report the Total Number of COVID-19 Cases, the number of positive test results (as of 12:00 pm that day), the number of presumptive, total currently hospitalized, total currently in isolation, total COVID-19 deaths and total negative test results in Douglas County. **Currently, DPHN is supporting 25 cases in isolation.**

### Getting Tested & Testing Clinics

The next drive-through testing clinic is today, Saturday August 15, 2020 in Reedsport. As a reminder, if you are having symptoms of COVID-19 including cough, fever, shortness of breath, muscle aches and pains, diarrhea, sore throat or decreased sense of smell and taste, talk to your health care provider about being tested for COVID-19. Patients without a Primary Care Provider, that are looking for a COVID-19 test should contact the Sutherlin Aviva Health Clinic at (541) 459-3788. The first drive-through testing site was piloted in the county on March 17, 2020, there have been 1363 people tested in 61 drive-through clinics, while additional testing continues in hospitals, urgent cares and clinics. The drive-through clinics are led by DPHN, in conjunction with partner agencies including; Douglas County COVID-19 Response Team, Douglas County Board of Commissioners, Douglas County Sheriff's Office, Douglas County Public Works, local volunteers and local health professionals.

### Oregon COVID-19 Case Update

Oregon Health Authority (OHA) reports new cases once a day on their website at [www.healthoregon.org/coronavirus](http://www.healthoregon.org/coronavirus). OHA also releases a daily situation status report and a weekly report that details the overall picture of the COVID-19 outbreak within our state. The daily report details positive and presumptive cases, as well as deaths by county and statewide, while the



weekly report is more in depth and includes statistical data related the severity of cases by age, gender, zip codes, ethnicity, as well as information on workplace and senior care facility outbreaks in Oregon. Find additional information on the state or federal COVID-19 response go to [Oregon Health Authority](#), [Centers for Disease Control](#), and [211Info](#).

OHA expanded their reporting for COVID-19 case management to now include presumptive COVID-19 cases in their total case number. DPHN is reporting the number of people with new positive test results and any new presumptives and uses the OHA's definition of presumptive as having had close contact with a known, confirmed COVID-19 case, showing symptoms and not yet having a positive nasal swab/PCR or antigen test for COVID-19. Testing continues, as DPHN has been holding 2-3 clinics a week and hospitals, urgent cares and clinics continue to test. DPHN continues their epidemiologic investigations, identifying individuals who may have had close contact with individuals that have tested positive for COVID-19, advising and supporting quarantine and isolation.

### **REMINDER: EXCESSIVE HEAT WATCH**

Just a reminder that the National Weather Service issued an excessive heat watch for this weekend, from Saturday morning, August 15 through Sunday evening, August 16, 2020. They are predicting dangerously hot conditions with high temperatures above 100 degrees in the Umpqua Valley, as well as high temperatures around 105 degrees in the Rogue, Applegate and Illinois Valleys. They wanted to bring special attention to this watch, as they are expecting near-record to record high temperatures (and record warm low overnight temperatures) during what is typically the hottest time of the year in our region. While they typically expect hot temperatures during mid-August, temperatures are expected to go well beyond what is typical. Therefore, there is a high risk for heat impacts for much of the local population. Further, the duration of the heat is significant and could last beyond Sunday. Extreme heat will significantly increase the potential for heat related illnesses, particularly for those working or participating in outdoor activities. Additionally, warm overnight temperatures are only expected to drop to 66 degrees. This will provide little relief in structures without air-conditioning. Please make sure you are monitor the latest forecasts and warnings for updates on this situation. Be prepared to drink plenty of fluids, stay in an air-conditioned room as much as possible, stay out of the sun, check up on relatives and neighbors and pay close attention to older citizens, children and pets.

[Click here](#), for the latest updates from the National Weather Service.

### **Heat Related Illnesses**

We are sharing information from the CDC. Check out the attached chart for information on the warning signs and symptoms of heat-related illness. Heat-related illnesses are preventable. Learn the symptoms and what to do if you or a loved one shows signs of having a heat-related illness. Click here for the link: <https://www.cdc.gov/disasters/extremeheat/warning.html>

HEAT-RELATED ILLNESSES	
WHAT TO LOOK FOR	WHAT TO DO
<b>HEAT STROKE</b>	
<ul style="list-style-type: none"><li>• High body temperature (103°F or higher)</li><li>• Hot, red, dry, or damp skin</li><li>• Fast, strong pulse</li><li>• Headache</li><li>• Dizziness</li><li>• Nausea</li><li>• Confusion</li><li>• Losing consciousness (passing out)</li></ul>	<ul style="list-style-type: none"><li>• Call 911 right away-heat stroke is a medical emergency</li><li>• Move the person to a cooler place</li><li>• Help lower the person's temperature with cool cloths or a cool bath</li><li>• Do not give the person anything to drink</li></ul>
<b>HEAT EXHAUSTION</b>	
<ul style="list-style-type: none"><li>• Heavy sweating</li><li>• Cold, pale, and clammy skin</li><li>• Fast, weak pulse</li><li>• Nausea or vomiting</li><li>• Muscle cramps</li><li>• Tiredness or weakness</li><li>• Dizziness</li><li>• Headache</li><li>• Fainting (passing out)</li></ul>	<ul style="list-style-type: none"><li>• Move to a cool place</li><li>• Loosen your clothes</li><li>• Put cool, wet cloths on your body or take a cool bath</li><li>• Sip water</li></ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"><li>• You are throwing up</li><li>• Your symptoms get worse</li><li>• Your symptoms last longer than 1 hour</li></ul>
<b>HEAT CRAMPS</b>	
<ul style="list-style-type: none"><li>• Heavy sweating during intense exercise</li><li>• Muscle pain or spasms</li></ul>	<ul style="list-style-type: none"><li>• Stop physical activity and move to a cool place</li><li>• Drink water or a sports drink</li><li>• Wait for cramps to go away before you do any more physical activity</li></ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"><li>• Cramps last longer than 1 hour</li><li>• You're on a low-sodium diet</li><li>• You have heart problems</li></ul>
<b>SUNBURN</b>	
<ul style="list-style-type: none"><li>• Painful, red, and warm skin</li><li>• Blisters on the skin</li></ul>	<ul style="list-style-type: none"><li>• Stay out of the sun until your sunburn heals</li><li>• Put cool cloths on sunburned areas or take a cool bath</li><li>• Put moisturizing lotion on sunburned areas</li><li>• Do not break blisters</li></ul>
<b>HEAT RASH</b>	
<ul style="list-style-type: none"><li>• Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)</li></ul>	<ul style="list-style-type: none"><li>• Stay in a cool, dry place</li><li>• Keep the rash dry</li><li>• Use powder (like baby powder) to soothe the rash</li></ul>

### **Beat the Heat Advice from Pacific Power**

We are sharing a message from Pacific Power. With a stifling heat wave crashing into Oregon this weekend, Pacific Power, working with local emergency officials, wanted to remind customers how to stay safe, beat the heat, minimize wildfire risk and use less energy.

#### **Beat the Heat:**

- Get some fresh air. Open your windows during the early morning and evening, and use fans to circulate the fresh air.
- Keep clear of the sun. Close blinds and drapes during the warmest parts of the day. Keeping the sunlight out of your home will keep it cooler.

#### **Wildfire Safety:**

- Strictly follow local and state fire advisories. Most parts of Oregon and northern California are under strict burn bans. Check [Oregon Department of Forestry](#) or [Bureau of Land Management](#) for regional burn restrictions.
- Prepare ahead and have a plan. Visit [www.pacificpower.net/wildfiresafety](http://www.pacificpower.net/wildfiresafety) to download the Wildfire Safety Checklist and learn about wildfire safety measures such as Public Safety Power Shutoffs.

### Use less energy:

- Be AC savvy. Set your air conditioner to 78 degrees when you're home, and 85 when you're away. Running your AC at temperatures lower than 78 degrees can increase your electricity bill by up to 8 percent. Also, keep inside air vents clear from furniture and other objects. Make sure the outside unit is free of obstructions.
- Reduce indoor heat. Push the use of heat-producing appliances such as ovens, dishwashers and clothes dryers to cooler parts of the day. Grilling outside, washing dishes by hand and air-drying clothes are great alternatives.

Just as with winter storms, being prepared and staying safe before and during a heat wave makes good sense. Have an emergency safety kit ready to go with flashlights, battery-operated radio and clock, extra batteries, non-perishable foods, manual can opener, bottled water and blankets.

### Weighing Your COVID Risk

We continue to stress the importance of weighing your COVID-RISK and preventing the continued spread of the virus in Douglas County. We continue to identify people with positive test results that have chosen to travel out of Oregon to visit relatives or vacation. While traveling those individuals and families have come in contact with someone with COVID-19 and brought it back to Douglas County. A few other cases were the result of a family member coming to Douglas County to visit, brought the virus with them and infected their host family. We continue to issue cautions about traveling outside our county, and instead encourage our residents to delay travel and consider stay-cations. Stay-cations can be fun and productive. Not only will delaying travel and stay-cations help control the spread of COVID-19, they will definitely help to support our local businesses and our economy. In addition to limiting travel, we are asking that you also limit attending social gatherings, stay home if you are sick and reschedule visits from out-of-the-area friends and family to a later date. Reversing the trajectory of COVID-19 cases in our county is really up to YOU, our residents. The COVID-19 virus is still here, still infectious and will be around for quite some time. The bottom line is that each and every person needs to take personal responsibility for their actions and adopt the proper precautionary measures to prevent the spread of COVID-19. And remember to please follow these simple daily precautions as well: wash your hands, stay six feet apart and wear a mask where recommended.

**COVID-RISK INDEX:** We released a COVID-RISK Index chart in our Tuesday, August 4, 2020 [DCCRT Special Update](#). The index was adapted from research done by Doctors from the University of Pennsylvania, George Washington University and the University of Arizona, and is an excellent illustration to help residents, employers and our communities evaluate their COVID-RISK. [Click here to download the COVID-RISK Index chart](#).

### Facebook Live with Dr. Bob Dannenhoffer

Join us **Tuesday, August 17, 2020** for the next virtual town hall Q&A with Dr. Bob Dannenhoffer, your Douglas County Public Health Officer at 6:00 pm, hosted by DPHN and found on the [DPHN Facebook page](#).

### Stay Informed Accurate Local Information

Stay up to date on COVID-19 in Douglas County on the [Douglas County Government website](#) or the [DPHN website](#). Your Douglas County Board of Commissioners, Douglas County Public Health Officer, Dr. Robert Dannenhoffer and the Douglas County COVID-19 Response Team (DCCRT) have been working hard to cooperatively provide accurate and timely information to Douglas County residents since March 8, 2020. Our local COVID-19 updates represent the coordinated effort of the agencies that make up the DCCRT.

### Local COVID-19 Hotline

If you have questions about COVID-19 and available local resources, call the Douglas County COVID-19 Hotline at (541) 464-6550. It is staffed by local volunteers from 8:00 am to 5:00 pm, 7 days a week.

**Questions about Governor's Reopening Plans or Statewide Rules?** If you have questions or need more information about the Governor's Phased Reopening Plans, Sector Specific Guidelines or her newest Statewide Orders go to the Governor's COVID-19 website at <https://govstatus.egov.com/or-covid-19/> or call Business Oregon's Navigator Hotline at (833) 604-0880.

### Who Do You Contact to Report Compliance Issues with the Governor's Statewide Rules?

**Please do not call 911, Douglas County Sheriff's Office or Douglas County Offices to report compliance issues with the Governor's orders.** The Governor has directed the State of Oregon offices for Oregon Occupational Safety and Health (OSHA) and the Oregon Liquor Control Commission (OLCC) to be the enforcement agencies responsible for ensuring restaurants, bars, and other businesses comply with COVID-related rules.

[Click here](#) to read the Governor's official press release on COVID-19 rules compliance.

[Click here](#) for the Governor's latest statewide rules, effective Friday, July 24, 2020.

**For more information or to report compliance issues concerning the Governor's COVID-19 orders contact:**

**OSHA:** (800) 922-2689 or [OSHA website](#) or **OLCC** (503) 872-5000 or [OLCC website](#).

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Contact [Tamara Howell](#), Public Information Officer, Douglas County COVID-19 Response Team, (541) 670-2804 cell/(541) 957-4896 [tjhowell@co.douglas.or.us](mailto:tjhowell@co.douglas.or.us)

Contact [Vanessa Becker](#), Public Information Officer, Douglas Public Health Network, (541) 817-6552 cell (541) 440-3571 [vanessa@douglaspublichealthnetwork.org](mailto:vanessa@douglaspublichealthnetwork.org)