DOUGLAS COUNTY COVID-19 RESPONSE TEAM - DAILY LOCAL UPDATE

(Douglas County, Ore.) Today we wanted to reiterate the importance of being kind. Please Be Kind to others, Be Kind to yourself and Be Kind to your community.

BE KIND to others: Please be kind to others. A simple smile or compliment can have an incredible impact on someone’s day. You never know what they might be going through at the moment. Be kind in respecting others personal space by keeping your distance, covering your cough and staying home when you are sick. Also, please exercise a little patience when you are out and about, especially when you are behind the wheel, in residential areas filled with bicyclists and in road construction zones. Please slow down, take a deep breath, wash your hands and offer a smile.

BE KIND to yourself: Please be kind to yourself. Our everyday lives have been turned upside down and people are experiencing stress in a many different ways. This is just a reminder to take care of yourself. We encourage you to make better food choices, make sleep a priority, get moving and create some time just for you during the day. It’s critical to take care of both the physical and mental you, so read a book, take a walk, learn a new relaxation technique or reach out to others if you need help.

BE KIND to your community: Please be kind to your community. It’s important to take care of each other and take care of our communities right now. If you are able, give back by volunteering your time and donating items to those in need. There are numerous ways you can help: volunteering at a local charity, delivering meals to seniors, making homemade masks to donating clothes and supplies. It’s also important to step outside your circle and reach out to neighbors you may not know, by practicing Neighbor Check-10. Set a goal to check-in with 10 of your neighbors or friends every few days. Encourage others to do the same. If we each take the time to Neighbor Check-10, we can significantly check on most of the residents in Douglas County. If you are able, call, text or knock (if you are healthy) on your neighbor’s door to make sure they are doing ok. Offer to pick up groceries, run errands, deliver a hot meal or mow their lawn. It is important to take care of one-another.

Douglas County COVID-19 Test Results: It is Tuesday, June 17, 2020, and as of 12:00 pm today, there are NO new cases of COVID-19 in Douglas County. The total number of positive cases in Douglas County is 29. Testing continues, as DPHN has been holding 2-3 clinics a week and hospitals, urgent cares and clinics continue to test. Twenty-nine people have tested positive in the county and twenty-eight of those twenty-nine have recovered. DPHN defines recovery as an end to all symptoms after a positive test for COVID-19. DPHN continues their epidemiologic investigations, identifying individuals who may have had close contact with individuals that have tested positive for COVID-19, advising and supporting quarantine. The majority of the individuals who have tested positive earlier have now recovered. The first positive COVID-19 case in Douglas County was announced on March 8, 2020. Thanks to the great work that Douglas County has done social distancing and staying home, we’ve had 29 cases in 101 days.

Here are the current numbers for Douglas County:

<table>
<thead>
<tr>
<th>New Cases as of 12:00 pm June 17, 2020</th>
<th>Total Confirmed Cases</th>
<th>Total Recovered Cases</th>
<th>Total COVID-19 Deaths</th>
<th>Total Currently Hospitalized</th>
<th>Total Negative Test Result</th>
<th>Total Presumptive Cases</th>
</tr>
</thead>
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<tr>
<td>0</td>
<td>29</td>
<td>28</td>
<td>0</td>
<td>1</td>
<td>3981</td>
<td>0</td>
</tr>
</tbody>
</table>

The Oregon Health Authority (OHA) has expanded their reporting for COVID-19 case management and will now include presumptive COVID-19 cases. DPHN will also be reporting presumptive cases and will use the OHA’s definition of presumptive as having had close contact with a known, confirmed COVID-19 case, showing symptoms and not yet having a positive nasal swab/PCR test for COVID-19.

Getting Tested & Testing Clinics

The next drive-through testing clinic will be Friday, June 19, 2020, in Roseburg. As a reminder, if you are having symptoms of COVID-19 including cough, fever, shortness of breath, muscle aches and pains, diarrhea, sore throat or decreased sense of smell and taste, talk to your health care provider about being tested for COVID-19. Patients without a Primary Care Provider, that are looking for a COVID-19 test should contact the Sutherlin Aviva Health Clinic at (541) 459-3788. The first drive-through testing site was piloted in the county on March 17, 2020, there have been 748 people tested in 36 the drive-through clinics, while additional testing continues in hospitals, urgent cares and clinics. The drive-through clinics are led by DPHN, in conjunction with partner agencies including; Douglas County COVID-19 Response Team, Douglas County Board of Commissioners, Douglas County Sheriff’s Office, Douglas County Public Works, local volunteers and local health professionals.
Oregon COVID-19 Case Update

Oregon Health Authority reports new cases once a day on its website at www.healthoregon.org/coronavirus. The Oregon Health Authority is also releasing the daily situation status report, which is produced jointly with Oregon Office of Emergency Management. It details the overall picture of the COVID-19 outbreak within the state and the response across government agencies. Read more here about the daily situation status report.

Facebook Live with Dr. Bob Dannenhoffer

Join us, Friday, June 19, 2020 for the next virtual town hall Q&A with Dr. Bob Dannenhoffer, your Douglas County Public Health Officer at 6:00 pm, hosted by DPHN and found on the DPHN Facebook page.

Douglas County Senior Services Receives Grant for Meals on Wheels

The Douglas County Board of Commissioners announced today that the Douglas County Senior Services Department has received a grant for $6,535.66 to help support their Meals on Wheels program as a result of their participation in the 2019-2020 Subaru Share the Love® Event. Over the last 12 years, through the Share the Love Event, Subaru of America and its retailers have donated more than $1.6 million to national charities and over 1,170 hometown charities. Oregon earned a total of $32,678.32 through this year's event, and had 5 participating Meals on Wheels Members qualifying to receive funds.

“We would like to express our sincere gratitude to Subaru of Oregon and Subaru of America, for their continued generosity and support of the homebound seniors that we serve. The Meals On Wheels programs of Douglas County thank you!” commented Jeanne Wright, Senior Services Director, Douglas County.

The Meals on Wheels program provides 2.4 million homebound seniors with the nutrition and companionship they need to age without fear of hunger and isolation. For these vulnerable seniors, the Meals on Wheels volunteer’s daily visit keeps them healthy, connected to their community and able to live independently in the place they love most: their home. Through Meals on Wheels, Share the Love has helped deliver nearly 2 million meals to America’s seniors. Douglas County Senior Services typically serves 71,000 hot meals a year to seniors via their Meals on Wheels program and senior dining sites in Glendale (Serving Glendale and Azalea), Riddle (Serving Riddle, Canyonville and Myrtle Creek), Winston (Serving Winston and Green), Glide (Serving Glide and Idleyld Park), Sutherlin (Serving Sutherlin and Oakland), Yoncalla (Serving Yoncalla and Drain) and Reedsport (Serving Winchester Bay, Reedsport, Gardner). This year however, with the increase in requests due to COVID-19 they expect to each 74,000 meals by the end of June. Volunteers for these programs log more than 18,600 hours of service a year.

For more information about Meals on Wheels programs in Douglas County and how you become a volunteer, call Douglas County Senior Services at (541) 440-3677. The Commissioners have long supported the Meals on Wheels program for seniors, as well as all the invaluable programs administered by our Senior Services Department. Together they work tirelessly to provide these essential services, and bring awareness to senior hunger, care and isolation issues in Douglas County.

Local Mask Efforts

Local residents continue to sew and provide homemade masks for our community. Some are sewing them for family and friends, while others are tackling monumental sewing efforts for local groups. Umpqua Sewing Warriors, via Serigraphics, announced that their amazing group of volunteer warriors have completed and distributed over 15,000 homemade masks to local organizations. Douglas County Helpers Facebook page continues to promote local mask making and distribution resources. For our coastal residents, The Timber Faller’s Daughter is working in Reedsport on mask making and coordination efforts. If you are in need of masks, please contact these organizations, or click on their highlighted links to their Facebook pages for more information. If you would like to make your own mask, the pattern that many organizations locally have been using can be found here. Mask making would make a great family bonding activity, an awesome teen volunteer project or provide an excellent opportunity to teach kids how to sew with a relatively simple pattern. The best part is that they can pick out their own fabric or specifically design a mask for someone they know…using material donning their favorite sports teams, cartoon characters, school colors or lively designs.

Federal COVID-19 Waivers for CDL’s Extended Through September 30

Federal Motor Carrier Safety Administration announced that they are extending waivers on commercial driver licensing requirements through September 30, 2020, due to the continued COVID-19 emergency. They stated that the reissuing of the FMCSA’s March 24, 2020, waiver is part of efforts to continue assisting the movement of essential goods and services during the emergency. The FMCSA’s waiver is now in effect through September 30 for states, commercial driver license holders, commercial learner permit holders and interstate drivers operating commercial motor vehicles.

Effective July 1, 2020, Federal CDL Waivers will include:

- All Oregon CDL holders and CLP holders who certified as non-exempted interstate and whose medical certification expired on or after March 1, 2020, retain medical qualification until September 30, 2020, if the medical examiner certificate was issued for 90 days or more.

FMCSA Waiver in Oregon:

- DMV will not cancel commercial driving privileges for expired medical examiner certificates, if the medical examiner certificate was valid on or after March 1, 2020, for a period of 90 days or more.
- More on FMCSA waiver: Under 49 U.S.C. §31315(d), both the original CDL Waiver (March 24, 2020) and this post-dated CDL Waiver (July 1, 2020) preempt any Oregon laws that are contrary to the provisions of either waiver.

Department of Justice Issues Scam Alert Related to COVID-19

The Oregon Department of Justice issued the latest scam alert reporting that people are pretending to be representatives from local public health organizations (sometimes calling themselves contact tracers), by calling or sending residents

Douglas County (541) 672-3311  Douglas Public Health Network (541) 440-3571
questionnaires, surveys and bogus links about COVID-19. These imposters will call you or send emails or text messages with links to fraudulent websites in an attempt to extort money and information from you. By clicking on the link you might download software onto your electronic device or unwittingly provide personal and financial information.

In Douglas County, the Douglas Public Health Network’s Epidemiology Team will **ONLY** contact you via phone and will **NEVER** ask you for credit card numbers, bank account or billing information, social security or driver’s license information, immigration status, co-pay or health insurance information or ask you to pay for anything. If anyone calls you requesting this information, hang up. If you receive an odd COVID-19 text or email, do not click on any links, take a screen shot and then delete it. They are not part of local or state COVID-19 efforts. If you receive an email or a text message you think might be from a scammer posing as a public health employee, do not click on any links. Call Douglas Public Health Network at (541) 440-3571, to inquire if someone was attempting to reach you. Or you can call the Douglas County COVID-19 Hotline for more information at (541) 464-6500.

You can also file a complaint online at [www.oregonconsumer.gov](http://www.oregonconsumer.gov) or call (877) 877-9392 and ask that a complaint form be mailed to you. For more information on other COVID-19 scams, visit [www.oregonconsumer.gov/COVID-19](http://www.oregonconsumer.gov/COVID-19). For more information on what you can expect from state, local, or tribal health department COVID-19 efforts, visit the [Oregon Health Authority](http://www.oregon.gov/oha/).

**Stay Informed with the Accurate Information**

Your Douglas County Board of Commissioners, Douglas County Public Health Officer, Dr. Robert Dannenhoffer and the Douglas County COVID-19 Response Team have been working hard to cooperatively provide accurate and timely information to Douglas County residents since March 8, 2020.

**Local COVID-19 Hotline:** If you have questions about resources available, call the COVID-19 hotline, staffed by local volunteers at (541) 464-6550 from 8:00 am to 5:00 pm, 7 days a week.

Stay up to date on COVID-19 in Douglas County on the [Douglas County Government website](http://www.co.douglas.or.us) or the [DPHN website](http://www.douglaspublichealthnetwork.org). Find additional information on state or federal COVID-19 response from the following websites: [Oregon Health Authority](http://www.oregon.gov/oha/), [Centers for Disease Control](http://www.cdc.gov/), and by calling or logging onto [211Info](http://www.211info.org).

**Got Questions about the Governor’s Phased Reopening Plans?** If you have questions or need more information about the Governor’s Phased Reopening Plans or Sector Specific Guidelines go to [https://govstatus.egov.com/reopening-oregon](https://govstatus.egov.com/reopening-oregon). There is also a video presentation about Phase Two available [here](https://www.youtube.com/watch?v=). Or you may contact the Governor’s Office, the [Oregon Health Authority (OHA)](http://www.oregon.gov/oha/) or the [Oregon State Office](http://www.oregon.gov/oha/) responsible for regulating your business or agency, or the business or venue that you wish to visit.

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**Contact Tamara Howell,** Public Information Officer, Douglas County COVID-19 Response Team, (541) 670-2804 cell / (541) 957-4896 thowell@co.douglas.or.us

**Contact Vanessa Becker,** Public Information Officer, Douglas Public Health Network, (541) 817-6552 cell / (541) 440-3571 vanessa@douglaspublichealthnetwork.org

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