JOINT INFORMATION CENTER PRESS RELEASE
FOR IMMEDIATE RELEASE
April 27, 2020

DOUGLAS COUNTY COVID-19 RESPONSE TEAM - DAILY LOCAL UPDATE

(Douglas County, Ore.) The Douglas County Board of Commissioners officially reopened the Douglas County Courthouse today. This is not to be confused with the letter sent to Oregon’s Governor last week from the five SW Oregon Counties requesting a Phase One Regional reopening. At this time, only County Government offices have been reopened. The order to reopen Douglas County and the rest of Oregon can only come from the Oregon Governor.

The reopening at the Douglas County Courthouse incorporates very strict social distancing procedures for county employees, as well as for the visiting public. Your Commissioners continue to urge citizens to follow the Governor’s Executive Orders to ‘Stay Home, Save Lives.’ Click here to read the Courthouse Reopening press release from April 25.

For County Employees the following procedures have been put into place: daily temperature and cough screenings; minimize contact with public and fellow employees; maintain physical distancing measures, 6 feet apart; frequently hand washing and use hand sanitizer; staggered work, break and lunch schedules; wear masks when possible; stay home if you are sick; and perform frequent cleaning and disinfecting of touched surfaces.

As a reminder we ask that the visiting public: only visit the courthouse if necessary; stay home if you are sick; continue to use of our online, email and phone systems first; call the Department beforehand to schedule an appointment; departmental contact information is listed on the county’s website; follow posted guidelines for department and building use in regards to entering offices, standing in line, gathering and keeping your distance from others; maintain at least 6-feet physical distance, wash your hands, wear a mask and use hand-sanitizer; plexi-glass sneeze guards are being installed in departments that work with the public; and hand sanitizer and masks will be available for the public.

Local COVID-19 Test Results
As of 12:00 pm, April 27, 2020, there are no new cases of COVID-19 in Douglas County. For the eleventh day in a row, the total number of positives in Douglas County remains at twenty-three. Of the twenty-three, fourteen have recovered. There have been zero deaths and 920 negative tests for COVID-19 in the county. Two of the twenty-three people that have tested positive are still hospitalized in different hospitals. Douglas Public Health Network continues their epidemiologic investigations, identifying individuals who may have had close contact with individuals that have tested positive for COVID-19 and advising quarantine. Fourteen of the individuals who tested positive earlier have now recovered. DPHN defines recovery as an end to all symptoms after a positive test for COVID-19.

Get Tested
The next drive through clinic will be held tomorrow, Tuesday, April 28, 2020, in Roseburg. If you are having symptoms of COVID-19 including cough, fever, shortness of breath, muscle aches and pains, diarrhea, sore throat or decreased sense of smell and taste, talk to your health care provider about being tested for COVID-19.

Given the growing availability of commercial labs and the improving availability of testing supplies and PPE DPHN has revised their guidelines to providers on testing. DPHN has sent out communications to the local health care community alerting them of the increased availability of testing for their patients. DPHN also announced Wednesday that Quest labs is now offering the IgG antibody test for COVID-19 locally. Both tests must be ordered by a health care provider and currently, testing without a provider order is not yet available.

The first drive thru testing site was piloted in the county on March 17, 2020, there have been 370 people tested in the drive through clinics alone, additional testing continues in hospitals, urgent cares and clinics simultaneously. The drive through clinics are led by DPHN, in conjunction with partner agencies including; Douglas County COVID-19 Response Team, Douglas County Board of Commissioners, Douglas County Sheriff’s Office, Douglas County Public Works, local volunteers and local health professionals.

Oregon COVID-19 Case Update
Oregon Health Authority reports new cases once a day on its website at www.healthoregon.org/coronavirus. The Oregon Health Authority is also releasing the daily situation status report, which is produced jointly with Oregon Office of Emergency Management. It details the overall picture of the COVID-19 outbreak within the state and the response across government agencies. Read more here about the daily situation status report.
Facebook Live with Dr. Bob Dannenhoffer
Join us tonight, Monday, April 27, 2020 for the next virtual town hall Q&A with Dr. Bob Dannenhoffer, your Douglas County Public Health Officer at 6:00 pm, hosted by DPHN and found on the DPHN Facebook page.

Small Business Resource Navigator and Latest CARES Act Information
Although there is no allocation being sent to support Douglas County Government services, there are some direct services available to small businesses. At the direction of the State, Business Oregon has established a Small Business Resource Navigator to assist with business questions and provide help accessing existing resources. They have staff available to respond to emails and calls Monday through Friday from 8:00 am – 5:00 pm via the resource hotline at (833) 604-0880 or emailing biz.covid19@oregon.gov. The newest CARES Act was passed by Congress last Thursday and signed by President Trump on Friday, March 24. According to the Small Business Association (SBA) they anticipate that, “Lenders will resume accepting Paycheck Protection Program (PPP) loan applications on Monday, April 27 at 10:30 am (EDT) from approved lenders on behalf of any eligible borrower. This will ensure that SBA has properly coded the system to account for changes made by the legislation.” If you are a business owner, or know of a business owner, or run a nonprofit, the time is now to apply for the PPP with a 7(a) Lender. These funds will be gone very quickly, so the sooner you are able to get things completed the better. If you need assistance with the PPP please reach out to the Small Business Resource Navigator listed above or contact a lender directly. For the most up to date information relating to the second round of CARES funding, click here. You might also find some helpful advice in this article from USA Today.

S$32 Million State Funding Package Approved to Support Oregon’s COVID-19 Response
Although there is no allocation being sent to support Douglas County Government services, there are some direct services available to the public. The Oregon Legislature’s Emergency Board has approved a $32 million funding package to support the state’s COVID-19 response. The assistance includes:

- $12 million for rental assistance and motel vouchers for those who have lost income due to COVID-19 and those at risk of infection or health problems due to inadequate housing.
- $5 million for small businesses. This amount, along with a matching $5 million from the Oregon Business Development Department, will create a $10 million assistance program for small businesses with up to 25 employees that have been impacted by COVID-19 and have not received support from the federal CARES Act.
- $2 million for emergency housing for survivors of domestic and sexual violence.
- $10 million to create a wage-replacement fund for newly unemployed workers who are unable to receive unemployment assistance due to their immigration status.
- $3.35 million to help workers at long-term care facilities pay for COVID-19 testing, and provide caregiver training on infectious disease prevention.

COVID-19 Information for Those Experiencing Homelessness
Douglas Public Health Network has created an infographic flyer to distribute to those experiencing homelessness in Douglas County. Please feel free to print, post and distribute widely. Also, the HIV Alliance received funding to provide gift cards for hygiene products and food boxes for those who are unhoused or homeless. These can be accessed by stopping by the HIV office located at 647 West Luellen Drive in Roseburg.

Chit-Chat line set up for those in quarantine
Compass Behavioral Health is scheduling friendly chit-chat calls to help older adults in Douglas County who are feeling isolated as a result of COVID-19. The virtual visits are available to free for older adults who are quarantined in Douglas County. If you have access to an internet connection, a computer or a tablet with a working camera and microphone then a video chat can be provided. For an appointment please call (541) 900-6020. Reminder, this is not telehealth counseling. Residents who are in crisis should call 911 or if you have behavioral health needs call Compass Behavioral Health.

Watching for Signs of Stress in Young Children
Children are perceptive, and may be experiencing anxiety related to the COVID-19 pandemic, even if they don’t express it in words. Here are some examples from the Oregon Health Authority (OHA) of signs that your child may be experiencing:

- Preschool-age children:
  - Crying or screaming
  - Afraid to separate from parents or caregivers
  - Not eating, or losing weight
  - Having nightmares

- Elementary school-age children:
  - Feeling guilt or shame
  - Trouble concentrating
  - Not sleeping well

The OHA recommends that parents and caregivers talk to children about current events in a way they can understand; be calm and reassuring; and encourage children to share their fears or concerns. The CDC has a page on how to help children cope. Parents can also visit the national Child Traumatic Stress Network’s website.

Daily Tips: Self-Care Monday
Journaling can help you process your thoughts, feelings and experiences during COVID-19. There’s something powerful about writing things down; sometimes, once a fear or concern is on paper in front of you, it doesn’t seem as overwhelming. Try taking a few minutes each day to jot down something you did or experienced that day. It can be something as simple as cooking a meal, a conversation you had with a family member, or a trip to the grocery store (although shopping can be a major event these days!). How do you feel about the event you wrote about? How do you feel overall? Afterward, read what you’ve written. Consider finishing each journal entry with a list of small things you’re grateful for – sunshine, fresh air, your cat – you name it. Focusing on the positive can help alleviate some stress.
As an added benefit, if you keep a journal you’ll have a record of your experiences during this historic time. Cornell University has launched a project called “Telling Our Stories in the Age of COVID-19” to collect journal entries from individuals who are willing to share their writing.

Make a Difference during Covid-19 – Tell us how you’re doing!
While you’re at home, Blue Zones Project – Umpqua has something that will fill up only 5 minutes of your day and more importantly, help to make a meaningful difference in the lives of many. Blue Zones Project’s parent company, Sharecare, has developed a survey in partnership with Dr. Sandro Galea, Dean of the School of Public Health at Boston University, to understand our communities’ well-being and behavior change during the COVID-19 pandemic. The more data, the more accurate the insights, the better we can help #flattenthecurve. To-date, more than over 110k people completed our “Flatten the Curve” survey, representing all ages, and all 50 states.

Early insights include:
- Over 30% indicate they are worried about the novel coronavirus, including 47% indicating they are either “panicked” or “very worried”
- 92% indicate they are physically distancing or socially isolating
- 65% indicate they are worried about their retirement funds and the financial market overall
- 35% indicate they likely will not be able to pay their bills
- 22% indicate they are still going into work
- 33% indicate they are sleeping more

Blue Zones Project is sharing this survey with our community as we believe that survey responses could allow our partners visibility into community sentiment and well-being needs that could inform strategic response plans to this crisis. To take the survey, visit https://www.sharecare.com/covid19/survey. Upon completion, you will be shown a summary of your responses alongside real-time cumulative survey results to see how your behaviors and feelings compare to others across the nation. Thank you in advance for taking the time to help flatten the curve.

Give Blood and Help Your Community
Blood supplies are seriously low and leaving home to donate blood is considered a lifesaving need. If you are healthy and feeling well, then giving blood is a safe and great way to help your community. The Red Cross has implemented sanitizing and social distancing policies to ensure you’re safe while making a lifesaving donation. Anyone interested in donating must make an appointment by visiting www.redcrossblood.org or calling (800) 773-2767.

4/28/2020 10:00 am - 03:30 pm  Roseburg YMCA of Douglas County (Sponsored by UCC)
4/29/2020 10:00 pm - 03:00 pm  Glendale High School, Glendale (Sponsored by Special People's Depot)
4/29/2020 10:30 am - 03:30 pm  South River Community Health Center, Winston
4/30/2020 9:00 am - 2:00 pm  North Bend High School, North Bend
5/01/2020 1:00 pm – 6:30 pm  Roseburg Blood Donation Ctr, 1176 NW Garden Valley Blvd., Roseburg
5/01/2020 10:30 am - 04:00 pm  Sutherlin Community Center, Sutherlin

Stay Informed with the Accurate Information
Your Douglas County Board of Commissioners, Douglas County Public Health Officer, Dr. Robert Dannenhoffer and the Douglas County COVID-19 Response Team have been working hard to cooperatively provide accurate and timely information and a response to Douglas County residents. If you have questions about resources available, call the COVID-19 hotline, staffed by local volunteers at (541) 464-6550. Stay up to date on COVID-19 in Douglas County on the DPHN website at www.douglaspublichealthnetwork.org. Find additional information on state, federal and international COVID-19 response from the following websites: Oregon Health Authority, Centers for Disease Control, World Health Organization and by calling or logging onto 211 Info.

#Flattenthecurve

Visit the COVID-19 “Tell Us!” website to take a survey.

Visit sharecare.com/covid19/survey

Vanessa Becker, Public Information Officer, Douglas County COVID-19 Response Team, (541) 817-4896, vanessa@co.douglas.or.us

Contact Tamarra Howell, Public Information Officer, Douglas County COVID-19 Response Team, (541) 670-2804 cell (541) 957-4896 tihowell@co.douglas.or.us

Contact Vanessa Becker, Public Information Officer, Douglas Public Health Network, (541) 817-6552 cell (541) 440-3571 vanessa@douglaspublichealthnetwork.org

Telling Our Stories in the Age of COVID-19

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Give Blood and Help Your Community

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