

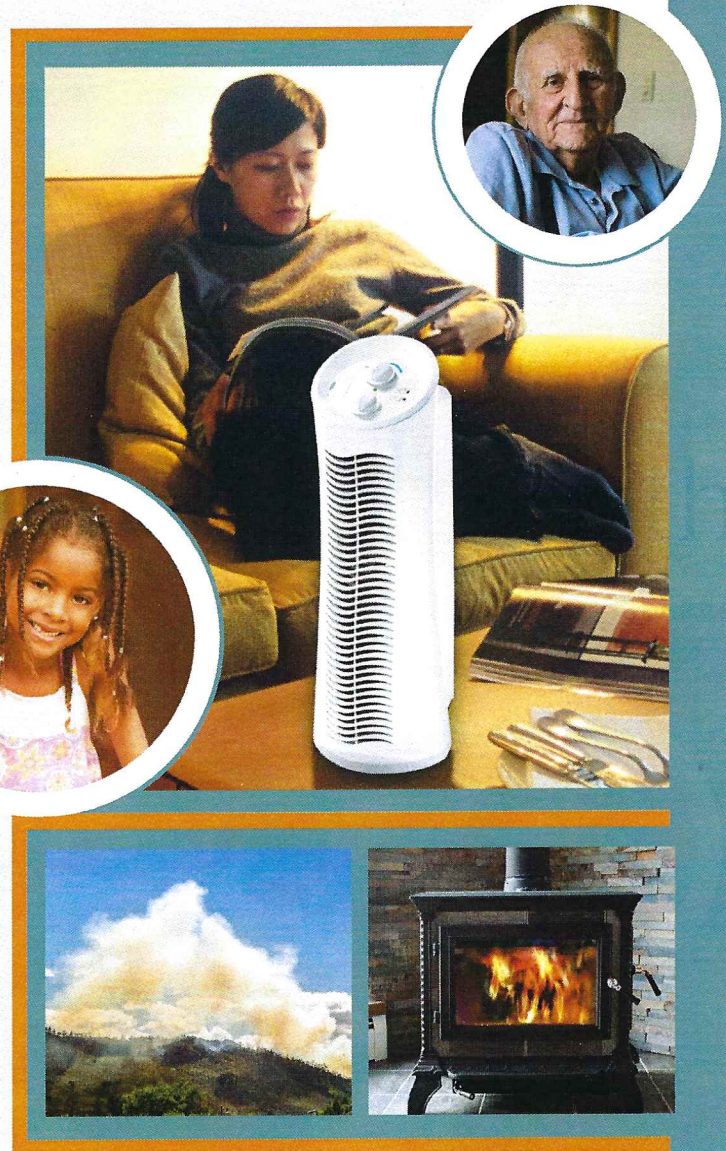
Clean Air at Home

Smoke from many sources contains fine particles. Wildfires, wood stoves, cigarettes and smoke from cooking all contain them.

When we breathe in these fine particles, they can get into the blood stream. For people with certain health conditions, this can lead to serious problems with the heart and lungs. People with heart disease or chronic lung disease including asthma can be at increased risk. Young children, pregnant women and people age 65 or over also can be at higher risk.

Several types of air cleaners can help protect these sensitive groups from the health effects of these particles. High efficiency particulate air (HEPA) filters help remove these particles from the air. Electro-static precipitator (ESP) filters can also trap these particles so you don't have to breathe them.

If a person is at risk for serious health problems from fine particles, using one of these air cleaners at home can decrease that risk.



 Oregon
Health
 Authority

PUBLIC HEALTH DIVISION

Program:

<http://public.health.oregon.gov/Preparedness/Prepare/Pages/PrepareForWildfire.aspx>

This document can be provided upon request in an alternate format for individuals with disabilities or in a language other than English for people with limited English skills. To request this publication in another format or language, contact the Public Health Division at 971-673-1222, 971-673-0372 for TTY.

OHA 8002 (4/2016)